

Final Power Poll 2009-10

1. Millard (2-A): Eagles win 8th 2-A title in 9 years.
2. Payson (4-A): Lions get it done in 4-A for second year in a row.
3. Delta (3-A): No end in sight it seems for 3-A Rabbit dominance.
4. Box Elder (4-A): Bees hold off Mountain Crest for second place.
5. Mountain Crest (4-A): Lofthouse wins fourth state title.
6. South Summit (2-A): Weaker 2-A field hurt South Summit.
7. Wasatch (3-A): Wasps solid second but want to move up.
8. Viewmont (5-A): Hang on to win 5-A by the skin of their teeth.
9. Maple Mountain (4-A): Golden Eagles take fourth place in 4-A.
10. Pleasant Grove (5-A): The other Vikings almost won 5-A.
11. Uintah (4-A): Christensen's third title paces Utes to Top 5 in 4-A.
12. Bingham (5-A): Moss wins fourth title and Miners take third in 5-A.
13. Weber (5-A): Jody Warren rides off into sunset with Top 5 finish.
14. Layton (5-A): Upsets hurt Lancers but they fight back to finish 5th.
15. West Jordan (5-A): Jags put forth solid tournament.
16. Morgan (3-A): Trojans have very good year led by Gallen.
17. North Sevier (2-A): Wolves nearly pull out a trophy in 2-A.
18. Alta (5-A): Kuhn wins third title, Michels brothers add points too.
19. Skyline (5-A): Clapier gives gold medal performance to lead Eagles.
20. Altamont (1-A): Longhorns win second 1-A title in three years.
21. Syracuse (5-A): Titans beginning to turn heads in 5-A ranks.
22. Hurricane (3-A): Tigers put three wrestlers on top of podium.
23. Davis (5-A): Off year for Darts but expect Davis to rebound in '11.
24. Canyon View (3-A): Falcons have solid season.
25. Springville (4-A): Red Devils show well at 4-A meet.

Honorable Mention: 5-A: American Fork, Fremont, and Jordan; in 4-A: Olympus, Salem Hills and Tooele; in 3-A Cedar City, Juab and Desert Hills; in 2-A: Beaver, Enterprise, North Summit and South Sevier; in 1-A Monticello and Rich.

To me this race was closer than what many people might think. I thought of the top 3 teams Payson wrestled the best. They crowned five state champs, as many as Delta, against much stiffer competition in 3-A while Millard managed four champs. The Lions definitely brought their "A" game to state.

For Delta and Millard, they didn't really need their "A" game because they are so much better than their competition. Perhaps having to really fight tooth and claw to get to the top of their classification made Payson a bit sharper, in my opinion, for the big event. But since Millard finished ahead of Payson at The Rumble, which I consider the top wrestling event in our state, and owns one of two head to head dual wins plus a finish over the Lions at Viewmont, which I consider the second toughest event in the state, Millard has to go on top. In a super state tournament, perhaps Payson might win out, they probably have the most Super Ranked wrestlers. I have to give Delta major props, their JV team is awesome and probably as their own unit would rank in the Top 15. I don't think I'm overstating that at all. I know I might get some flack for rating Maple Mountain ahead of Pleasant Grove but I believe Maple Mountain beat Pleasant Grove at the Millard Duals (Uintah, Maple Mountain and PG all finished 5-5 there) and the Golden Eagles were ahead of the Vikings at The Rumble. PG really had a great tournament and were a eyelash away from winning the whole thing. So I squeezed Maple Mountain between Viewmont and Pleasant Grove. Since 5-A doesn't have sectionals certainly Region One's toughness hurt Viewmont this year as they were outnumbered in qualifiers by PG 18-13 but fought hard to finally catch up. 5-A has good depth of teams but how can I rank Viewmont ahead of Wasatch as Wasatch beat them in the dual? 5-A has the toughest wrestlers from 1-16 but as far as team strength goes, it wasn't one of their better years, especially for having mega dominant teams. I have to be majorly impressed with North Sevier. The Wolves barely lost out to South Summit for second place and pulled off some great wins in the tournament, none other than Kade Johnson's pin over Kamron Day of Millard. With the loss of Juab, Manti and Richfield to 3-A, this took some starch out of 2-A and weakened the field enough to make North Sevier a viable threat to South Summit and with the Wolves bringing their best shot they nearly came home with the trophy--great coaching by Barry Smith and well deserved Coach of the Year in 2-A. Altamont has some impressive wrestlers that can wrestle on the big stage. The Foy brothers (Bryson and Kyle) for starters but also impressed with Zach Hatch and Dalton Smith, they are legit in any classification. Monticello nearly broke through the finals rankings with a good finish at state.